

November 2008

[www.cohealth.org](http://www.cohealth.org)

Since its inception, the goal of Concept Healthcare has been to bring behavioral health approaches to the health care of older adults. On November 1, we had our 1-year anniversary, and though the offerings of our company have continued to evolve, the underlying theme of increasing collaboration between behavioral health practitioners and caregivers who work with older adults remains constant. Our interactive website, live training programs - and now, the direct delivery of services to older adults - are the vehicles we're using to reach the goal.

There are now over 30 courses on the CoHealth website, many offering CE credit for licensed professionals, all developed in-house by our team of subject matter experts. And for families involved in caring for a relative, there are several topics that can offer insights, answers, and support. If we can get this content to the end users who have not otherwise had exposure to these concepts, we'll be moving forward. To this end, significant price adjustments have been made for all of our online courses, with the objective of getting more content, to more professionals and consumers working with older adults.

You may be receiving this November issue of our eNewsletter even though you are not on our regular mailing list. If you would like to continue to receive these eNewsletters, and stay up on developments in this area, please let us know at [info@cohealth.org](mailto:info@cohealth.org).

Thanks for your interest and support. And, Happy Thanksgiving.

J. Casciani

## CoHEALTH INFORMATION

### Tailored Training

Concept Healthcare offers custom inservices on behavioral health topics, individually-tailored to the needs of your employees. Select the desired topics, along with the time and date, and format, and simplify the inservice training process in your facility. Our teleseminars include presentation handouts, educational objectives, post-test evaluation, and Certificate of Completion. Added options include CE credits, audio recording, and written transcript of the presentation for your records. Staff training, on request.

### Job Postings

CoHealth practitioners provide mental and behavioral health services to residents in LTC settings. Psychologists, LCSW's, psychiatrists, and advanced practice nurses who are interested in working with us in California and Texas, and nursing homes

## Upcoming Web Conferences

**DAYS AND TIMES VARY  
-- MARK YOUR  
CALENDAR!**

### Join us for our series of live web conferences

- Easy to access using a single phone line (audio) and an internet connection (for visuals)
- Any number of participants may attend at a single site, for 1 registration fee
- Run 1 hour (1.0 CE credit)
- Login information and a copy of the *Participant Guide* are sent in advance

December 10 -- 8:00am PT, 9:00 MT, 10:00 CT, 11:00 ET

**Implementing Physician Orders for Life Sustaining Treatment (POLST) in Your Facility** - Brenda K. Billimoria, LCSW (\* CA BRN)

[Register](#)

December 12 -- 7:00am PT, 8:00 MT, 9:00 CT, 10:00 ET

**The Physician's Quality Reporting Initiative (PQRI): Making it Work for You** - Paula

[Register](#)

interested in adding these services in your facility programs, should contact us. The goal is to partner with LTC facilities and rehabilitation companies, and deliver behavioral health services and consultation to residents with medical conditions and disabilities that are complicated by co-morbid psychological issues. Adding our behavioral health consultants to the treatment team in these cases can make all the difference in improved recovery for the patients. [More details](#)

### **The Podium is Yours!**

If you or your organization would like to schedule a live event, such as an educational program, virtual meeting, or conference, and want to avoid arranging the meeting location, the announcement, the registration process, and CE accreditation, consider using CoHealth's "Podium." You decide on the topic, speaker, date and time, participant list, and online registration, and rely on our conference service, toll free phone line, online registration, and promotion. We can offer CE credit for qualified topics, and handle recording of the event, if desired. Select [Podium](#) for more details.

### **Upcoming Web Conference on PQRI for Mental Health Practitioners**

Get on board with PQRI, to earn your reward! CoHealth is sponsoring a 1-hour presentation on the Physician's Quality Reporting Initiative (PQRI) on Friday, December 12, 2008. The live presentation will be given by Dr. Paula Hartmann-Stein, the chair of the small expert work group to develop Medicare's first quality measures for psychologists and LCSW's. During this live web conference, Paula will cover the new quality measures for 2009, the necessary details on incorporating them in your practice, and how to bill for them correctly.

These incentives enhance clinical practice with our Medicare patients. Learning how to code and bill for measures like screening for depression or elder abuse, and verifying medications means earning financial bonuses. Mental health providers who bill Medicare are strongly encouraged to participate in this Pay-for-Performance seminar. One hour of CE credit will be given. Registration details are available on our website. [Register](#)

### **Upcoming Web Conference on POLST for Licensed Health Care Facilities**

Effective January 1, 2009, all licensed health care facilities in California must honor a POLST form (Physician Orders for Life Sustaining Treatment) that helps patients inform health care providers about the life-sustaining medical interventions they want to receive if they are frail, have a compromising medical condition, a prognosis of one year or less, or have a terminal illness. Our expert on end of life issues, Brenda Billimoria will be offering a live web conference on December 10 at 8am PT on this important topic. More details will be available on the Web Conferences tab on our website. [Register](#)

## OTHER RESOURCES OF INTEREST

### **Training Council in Professional Geropsychology Open for Members**

The Council of Professional Geropsychology Training Programs (CoPGTP, pronounced cog-tip) is an organization of graduate, internship, postdoctoral, and post-licensure training programs focused on aging. The Council strives to develop educational models for the training of professional geropsychologists, to offer guidelines for training programs, to support geropsychologists' ongoing training needs, and to offer a venue for networking among those who train geropsychologists. CoPGTP further helps to identify the components of competence as developed in processes that are incremental, developmental, and context dependent.

CoPGTP is committed to the promotion of excellence in training in professional geropsychology and to supporting the development of high quality training programs at all levels of professional geropsychology. Membership consists of training entities which have at least one geropsychologist actively engaged in both didactic and experiential geropsychology training. Associate membership is available for persons who share the Council commitments but do not meet qualification for full membership. Information about the organization, applications for membership, and resource information is available on the web page <http://www.usc.edu/programs/cpgtp/links.html>.

### **Article on Resistance in Older Adults**

The fall issue of Aging Well Magazine includes an article on redirecting resistance in older adults, by Dr. Casciani. It focuses on the principles of patient-centered care, and how the patient who is non-compliant with his or her care can be best approached by understanding the underlying motivations and outlook of the individual. A [complimentary copy](#) of the article can be downloaded from the home page of the CoHealth website.

### **New Book on Geropsychology and LTC**

Springer publications has just released a new book, *Geropsychology and Long Term Care: A Practitioner's Guide*. The book is edited by Erlene Rosowsky, PsyD, Joseph M. Casciani, PhD, and Merla Arnold, PhD, and addresses many of the principles and practical aspects of providing mental health services in LTC settings. The editors and its 13 contributors are members of Psychologists in Long Term Care. The book is now available for purchase from the Springer website, <http://www.springer.com/medicine/family/book/978-0-387-72646-5>

### **Other Resources**

The Centers for Medicare and Medicaid Services has released two resources to assist family caregivers of Medicare beneficiaries. First, CMS developed a 16-item checklist to help patients and their family caregivers better prepare to leave

a hospital, nursing home or other health care setting and ensure they have a clear understanding of the patient's needs once they return home

(<http://www.medicare.gov/Publications/Pubs/pdf/11376.pdf>).

The second resource, the *Caregiver Stress Check*, is an interactive quiz that helps caregivers identify their symptoms of stress and provides them with a tailored list of helpful referrals and resources. When caregivers answer "yes" to stress symptoms, they are led to Alzheimer's Association resources designed to alleviate their specific issues. The quiz can be found at [www.alz.org](http://www.alz.org).

The Kaiser Family Foundation has created [statehealthfacts.org](http://www.statehealthfacts.org), an interactive U.S. map that provides state-by-state information on a variety of health categories: demographics and the economy; health status; health coverage and uninsured; Medicaid and SCHIP; health costs and budgets; Medicare; managed care and health insurance; providers and service use; minority health; women's health; and HIV/AIDS. Click on a state for information and to find out how it compares to the U.S. overall. <http://www.statehealthfacts.org/index.jsp>

The Robert Wood Johnson Foundation maintains a list of current calls for proposals. To see what funding is available, please visit:

<http://www.rwjf.org/applications/solicited/cfplist.jsp>

**Concept Healthcare is approved by the following agencies to provide continuing education credits:**

*Concept Healthcare is approved by the **American Psychological Association** (APA) to sponsor continuing education for psychologists. Concept Healthcare maintains responsibility for this program and its content.*

*Concept Healthcare is a provider approved by the **California Board of Registered Nursing**, Provider No. 15052. (States that accept nursing CE credits from CA BRN-approved providers include AL, AK, IA, KS, KY, MA, MI, NE, NV, OH, OR, TX-Type 1, UT, WY).*

*The **National Association of Boards of Examiners of Long Term Care Administrators** has approved this program. See Participant Guide for the NCERS Course Approval number. This course has been reviewed and approved by the NAB, NCERS, Course # 2412008-26746-1. NCERS strives to approve only quality programs whose content can reasonably contribute to the professional development of long term care administrators. If you have any confidential comments concerning this program which you would like to make to NCERS administration, please direct them by phone or email to NAB, 202-712-9040, [nab@bostrum.com](mailto:nab@bostrum.com).*

*Concept Healthcare is an approved provider of the **California Board of Behavior Sciences** (Approval # PCE 4238). Courses meet the qualifications for CE credit for MFTs and/or LCSWs as required by the CA BBS.*

Concept Healthcare is approved by the **Texas State Board of Social Work Examiners** (Provider # 5179). Consumer Complaint Hotline 800-942-5540.

Concept Healthcare is approved by the **Florida Board of Clinical Social Work, Marriage and Family Therapists and Mental Health Counseling** (CE Provider # 50-9732 Exp. 03/31/2009).

Concept Healthcare is a Certified Nurse Assistant (CNA) Continuing Education (CE) Provider, Nurse Aide Certification (NAC) #6728, approved by the **California Department of Public Health, Aide and Technician Certification Section**. This approved NAC number applies only to CNA/CHHA's in the State of California.

**See something you liked in this newsletter? Have a comment or suggestion about our newsletters? Tell us what you think. Email us at [info@cohealth.org](mailto:info@cohealth.org).**



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