

May 2008

<http://www.cohealth.org/>

Concept Healthcare's new website went live in early May. Health care professionals (nursing, mental health, rehab, and nursing home administrators) and family members who are caring for older adults can preview our online courses, and find several that complement your current knowledge and skills. And to familiarize you with the extent and the quality of our content, we are offering **30% off on all items in the CoHealth Library.** You will also find many of our mini courses now located in the Lobby / 1st Floor of the Library, free for downloading. Visit the different floors, select the desired courses for purchase, and your discount will be applied at checkout.

Radio Interview! Listen to Dr. Joe Casciani, CoH President, on Saturday, May 17, at 3:42 Pacific time, on Jaqueline Marcell's Internet Radio Program "Coping with Caregiving" heard free on <http://www.wsradio.com/CopingWithCaregiving>. We'll talk about the importance of behavioral health issues in the total care of older adults - for all caregivers. If you miss the live broadcast, you can listen on-demand to the archive via Windows Media Player or Real Player (free downloads available at <http://www.wsradio.com/how-to-listn.cfm>). A live link to the archived location will be available by Monday, May 19. Jacqueline is the author of "[ElderRage](#)", a best selling book about her own experiences and challenges as a caregiver for two parents with dementia.

E-patients with a Disability or Chronic Disease is a report released by the Pew Internet and American Life Project in October, 2007. This is a fascinating report on the quickly escalating use of the internet as a source of health care information by adults living with a disability or chronic disease. As many as one-fifth of all American adults say that a disability, handicap, or chronic disease prevents them from fully participating in routine activities like work, school, or recreation. The striking discovery is that more than half of these afflicted individuals look for health-related information on the internet, and 3 out of 4 of them report that the information they found affected a decision about treatment of an illness or condition. The new term for those

Lunch and Learn Series

Wednesdays, at 11

Join us for our series of live web conferences every Wednesday at 11am, Pacific time.

- The seminars are easy to access using a single phone line (audio) and an optional internet connection (for viewing PPT slides)
- Any number of staff may attend at a single site, for a single registration fee - 30% Off Introductory Offer - Discount applied at Checkout
- All 1 hour (1.0 CE credit)
- Login information and a copy of the *Participant Guide* are sent in advance

May 21

CMS' Psychosocial Survey: Letter and Spirit of the Regulation (*APA, NAB, BRN, BBS, TXBSW, FLBSW)

seeking online health information is *e-patients*. And, *e-patients* with chronic conditions are almost twice as likely to go online for health information than *e-patients* without chronic conditions. The complete report can be found at <http://www.pewinternet.org/>.

A Senate briefing was held last month to advocate for Medicare equity for mental health services. The Mental Health Equity Coalition, chaired by the American Psychiatric Association and comprised of over a dozen other health care organizations (including Psychologists in Long Term Care), presented arguments why the current 50% co-insurance for mental health services is discriminatory and obsolete, and encouraged passage of legislation (S. 1715, co-sponsored by Senators Olympia Snowe and John Kerry) to reduce the co-insurance amount to 20%, the amount in place for other medical services. These are important steps toward achieving Medicare equity. As the President of Psychologists in Long Term Care, I know first hand how critical this equity position is to the untold numbers of mental health professionals providing services to Medicare beneficiaries. In the American Psychiatric Association's press release, (Newsroom>News Releases, April 18, 2008, No. 08-23), there is a good summary of the position held by the Coalition, and useful contact information, <http://www.psych.org/>.

According to a recent report submitted to Congress by Lewis Morris, chief counsel to HHS' Inspector General, one in five nursing homes delivers care that is directly harmful to patients. The IG report was submitted to the House Energy and Commerce Oversight and Investigations Subcommittee. At the same time, the Government Accountability Office released a report showing that state nursing home inspectors frequently miss critical, life-threatening" problems, such as ensuring proper nutrition and hydration, falls, and preventing pressure sores. Essentially, the most frequently missed deficiencies involved quality of care standards. Of course, we believe that integrated, behavioral approaches favorably impact both quality of care and quality of life. The complete GAO report is available at <http://www.gao.gov/new.items/d08517.pdf>.

The World Health Organization's (WHO) report on "age-friendly" cities around the world stresses that the world is rapidly aging, a fact that is constantly in front of us.

- In 2006, the number of persons aged 60 and older was 650 million.
- In 2025, the number will be almost double: 1.2 billion people will be 60 and older.

May 28

[Behavior Management in LTC](#)
(*APA, BRN, BBS, TXBSW, FLBSW)

June 4

[Psychologists' Use of Medicare's Health and Behavior Codes](#) (*APA)

June 11

[Blurred Lines between Psychological and Medical Disorders in Older Adults](#)
(*APA, CA BRN, BBS, TXBSW, FLBSW)

June 18

[We Just Put Mom in a Nursing Home: Now What?](#)
(*APA, CA BRN, BBS, TXBSW, FLBSW)

June 25

[The Angry Resident and Family: Avoiding Disputes in Nursing Homes](#) (*APA, NAB, CA BRN, BBS, TXBSW, FLBSW)

[Register](#)

- By 2050, there will be 2 billion people aged 60 and over in the world.
- In 2007, over half of the global population lived in cities. By 2030 about three out of five people will live in cities.

These trends are occurring at a faster rate in developing countries. In their report, **The Global Age-friendly Cities Guide**, WHO outlined the criteria for what an age-friendly city is, based on the concerns and ideas of older adults and caregivers, from 35 cities, 22 countries, and all continents. The Guide (link provided below) claims to be one of the first research studies of aging across culturally diverse countries and cities from a public health perspective. It contains a checklist for cities to use when assessing their own progress, and offers many ways to make a city more age-friendly, such as special customer service arrangements, holding public events at convenient times, and providing clear information about health and social services.

http://www.who.int/ageing/age_friendly_cities/en/index.html

Concept Healthcare is approved by the following agencies to provide continuing education credits:

*Concept Healthcare is approved by the **American Psychological Association** (APA) to sponsor continuing education for psychologists. Concept Healthcare maintains responsibility for this program and its content.*

*Concept Healthcare is a provider approved by the **California Board of Registered Nursing**, Provider No. 15052. (States that accept nursing CE credits from CA BRN-approved providers include AL, AK, IA, KS, KY, MA, MI, NE, NV, OH, OR, TX-Type 1, UT, WY).*

*The **National Association of Boards of Examiners of Long Term Care Administrators** has approved this program. See Participant Guide for the NCERS Course Approval number. This course has been reviewed and approved by the NAB, NCERS, Course # 2412008-26746-1. NCERS strives to approve only quality programs whose content can reasonably contribute to the professional development of long term care administrators. If you have any confidential comments concerning this program which you would like to make to NCERS administration, please direct them by phone or email to NAB, 202-712-9040, nab@bostrum.com.*

*Concept Healthcare is an approved provider of the **California Board of Behavior Sciences** (Approval # PCE 4238). Courses meet the qualifications for CE credit for MFTs and/or LCSWs as required by the CA BBS.*

Concept Healthcare is approved by the **Texas State Board of Social Work Examiners** (Provider # 5179). Consumer Complaint Hotline 800-942-5540.

Concept Healthcare is approved by the **Florida Board of Clinical Social Work, Marriage and Family Therapists and Mental Health Counseling** (CE Provider # 50-9732 Exp. 03/31/2009).

Concept Healthcare is a Certified Nurse Assistant (CNA) Continuing Education (CE) Provider, Nurse Aide Certification (NAC) #6728, approved by the **California Department of Public Health, Aide and Technician Certification Section**. This approved NAC number applies only to CNA/CHHA's in the State of California.

* There is an additional processing fee for CE credit of \$10 per person.



Corporate Headquarters:

Concept Healthcare. LLC
San Diego. CA 92117-3370
www.cohealth.org
Phone: 858-272-3992
Fax: 858-272-3840

For more information:

Susan Christ
Director of Marketing and Sales
schrist@cohealth.org

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