

March 2008

[www.cohealth.org](http://www.cohealth.org)

## Partnering in Healthcare

One of the themes shaping the development of Concept Healthcare is that of **partnering**. If you look through the live web conferences in our schedule, and peruse the online content that is coming on our website, a common thread running throughout is the notion of the behavioral health practitioner working alongside another caregiver, **learning from each other**, and **keeping psychological principles in the forefront**, not the background. The more we as practitioners can evolve *from* working one on one with patients, *toward* collaborating with others, *toward* communicating different approaches and different insights about patients, the more these patients ultimately benefit.

For example, helping nurses' aides, the caregivers on the front line, better understand how and why resistance is displayed in their residents, allows them to feel more effective and confident in their care. One of our web conferences is devoted to that subject. To cite another example, one of the points made in the risk management seminars is for the administrator or admissions coordinator to meet with family members on admission and to discuss the disease or condition precipitating the placement, its signs and symptoms, the course it will take over coming weeks, months, or years, and what levels of care will be necessary along the way. As families better understand what to expect, expectations become more realistic, and the undesirable events and outcomes will not be such a surprise – and disappointments become more tolerable.

## Looking Forward

In future issues, we hope to give you, the reader of this newsletter, more tools and opportunities to infuse behavioral health concepts and principles into the care of older adults. Whether you are a medical professional or paraprofessional, mental health practitioner, facility administrator, or family member, you will find interactive, engaging content to support you.



### New Web Conferences

Now added to the CoH website for March ([www.cohealth.org](http://www.cohealth.org)):

- Disease management, and changing health-risk behaviors
- Avoiding disputes and litigation in LTC
- Safety in the home
- Promoting psychological well being in LTC
- "Medical necessity" and documenting mental health services
- Ethical issues and dilemmas for LTC staff
- Promoting medical adherence in patients with diabetes
- Creating effective mentoring programs in LTC
- Helping families with nursing home placement
- Families facing Alzheimer's Disease

## Useful Links

The following organizations are considered major caregiver stakeholders in the U.S. (from *Caregiving in America*, publication of The International Longevity Center and Schmieding Center for Senior Health and Education of Northwest Arkansas Taskforce, 2006)

<http://www.aarp.org/families>

AARP Family, Home, and Legal Program

<http://www.aahcp.org>

American Academy of Home Care Physicians

<http://www.aahomecare.org>

American Association for Homecare

<http://www.aahsa.org>

American Association of Homes and Services for the Aging

<http://www.americangeriatrics.org>

American Geriatrics Society

<http://www.ahca.org>

American Health Care Association

<http://www.ccal.org>

Consumer Consortium on Assisted Living

<http://www.caregiver.org>

Family Caregiver Alliance

<http://www.caregiving.org>

National Alliance for Caregiving

<http://www.caremanager.org>

National Assoc. of Professional Geriatric Care Managers

<http://www.nalltco.org>

National Assoc. of Local LTC Ombudsman Program

<http://www.thefamilycaregiver.org>

National Family Caregivers Association

<http://www.paraprofessional.org>

Paraprofessional Healthcare Institute

<http://www.pioneernetwork.net>

Pioneer Network



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### Archives

Live presentations are being recorded, and will be available for downloading from the CoH website.

### Continuing Education

Applications are pending with credentialing organizations to offer CE credit for those presentations that qualify for different licenses.

### Website

[www.cohealth.org](http://www.cohealth.org)

Concept Healthcare's website is being designed to gather together relevant, contemporary caregiving resources. This content will be accessible by CoHealth members on a membership basis, 24/7, with content from a multi-dimensional perspective: practice building strategies, regulatory topics, clinical modules on assessment and treatment, basic principles in caregiving, behavior medicine and disease management approaches, and support for family caregivers

### For more information:

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