

June 2008

www.cohealth.org

Visitors to the CoHealth website can finally access dozens of courses in our virtual library. The courses offer behavioral approaches and solutions central to the health care and psychosocial care of older adults, including care planning and medical records documentation. Currently, there are over 30 subjects, and as a reflection of the ever-growing demand for more behavioral health education, we will continue to add content to the floors of our library. By now, our theme of integrated care and content easily accessed by caregivers is familiar to many of our readers.

In this specialty area, this is not a new theme. A recent Congressional briefing organized by Senators Barbara Mikulski (Maryland) and Olympia Snowe (Maine) was convened to gather policy recommendations regarding the mental health of older Americans. Speakers from the American Psychological Association, the American Association for Geriatric Psychiatry, and the National Association of Social Workers, among others, voiced their concerns about key issues that need federal attention: the shortage of a geriatric workforce, the lack of integrated health care, the Medicare reimbursement discrepancy between medical and psychological services, and the insufficient training and education for nursing assistants, particularly in regard to identifying mental health problems in the aging population. It seems like we're all on the same train. -JMC

ANNOUNCING A FREE TELEPHONE WORKSHOP for family caregivers. *Caregiving is Not a Job You Do Alone* is being offered live on Tuesday, July 8, 1pm PDT, 2 MDT, 3 CDT, 4 EDT. If you are a family member caring for an older adult, or know of family caregivers who may want to participate, this is a CoHealth "help the helpers" program, and focuses on how to navigate the tough emotional times families sometimes face. The program features Dr. Sally Browder, a professional advisor for Concept Healthcare, and will include a Q&A period for interaction and discussion. Call or email to reserve a spot <http://www.cohealth.org/contact.php>. The event is limited to the first 30 callers.

A **toolkit for trainers** was made available in early 2008 from the National Institutes of Health and developed by the National Institute on Aging, that offers materials to train seniors on how to find reliable, up-to-date online health information on their own. The toolkit is available for trainers who work with older students wanting to improve their internet navigation skills, and the content is available in formats for beginning and intermediate students of the Web. The NIH site is found at <http://nihseniorhealth.gov/toolkit/toolkit.html>.

The **National Center for Assisted Living (NCAL)** has just issued a revised set of Guiding Principles for Assisted Living, focusing on person-centered care. The principles offer an overview of the profession, including staff qualifications and training, as well as residents' health needs and rights, and metrics on measuring and improving quality. There is also a section on ethical marketing practices and disclosure of information to prospective residents. The principles can be found on the NCAL website, <http://www.ncal.org/>.

The May CoHealth eNewsletter described a recent Congressional investigation into the quality of nursing home care, with unfavorable findings. Just to offer a "fair and balanced" picture, another report, titled the **2007 National Survey of Consumer and Workforce Satisfaction in Nursing Homes**, was released this spring by My Inner View. The report is described as the largest dataset ever assembled about resident, family, and employee satisfaction in America's nursing homes, from 2005 thru 2007. In 2007 alone, data was collected from approximately 162,000 employees, 27,000 residents, 119,000 family members, from over 4,000 nursing homes, representing more than 1 in every 4 homes in the US. Its findings are very comprehensive, but overall, the conclusions reflected that a significant majority of consumers reported high satisfaction, with 82% saying their satisfaction is excellent or good, and would recommend the facility to others. The complete report can be found at

Lunch and Learn Series

Wednesdays, at 11am

Join us for one of our live web conferences, held every Wednesday at 11 am, Pacific time.

- easy to access with a phone (audio) and an optional internet connection for the PPT slides
- using a speaker phone, groups may attend at one site, for a single registration fee
- all seminars are 1 hour (1.0 CE credit)
- login information and Participant Guide are sent with registration

July 2

Behavior Management, including Prevention of Aggressive Behavior and De-escalation Techniques - J. Casciani, PhD (*APA, BRN, BBS, TXBSW, FLBSW)

<http://www.myinnerview.com/downloadPDF.php?pdf=miv/reports/2007MIVNationalReport.pdf>.

The APA Committee on Aging and the Office of Continuing Education are cosponsoring an all-day, preconvention workshop, **What Psychologists Should Know about Working with Older Adults**. This workshop will increase the competencies of psychologists interested in work with older adults. It will be held during the APA Convention on August 13th from 8:00 am-3:50 pm, in the Faneuil Room, Westin Boston Waterfront Hotel. A description of the Workshop and registration information posted your Division 20 website at:
http://apadiv20.php.ufl.edu/Precon5_CONA.pdf. or
<http://apadiv20.php.ufl.edu/convention.htm>.

The **National Family Caregivers Association (NFCA)** announces a new FREE resource for family caregivers. New geographically specific e-communities combine the best of listserv technologies and a database of family caregiver reviews and comments on products and services of particular interest and concern to caregiving families within their area or state. Currently these geographically specific e-communities are operational in four states (Michigan, Nebraska, New Jersey and Virginia), other e-communities are being organized. If you would like to join one of the existing e-communities (family caregivers only) or refer someone to an existing one please get in touch. Also we are seeking current or former family caregivers who would like to start one and help facilitate its launch in other areas, cities, or states, please contact Stephen McMahon at Stephe@mcmahonsolutions.com or call 202-607-8762. NFCA (<http://www.thefamilycaregiver.org/>) also hosts live radio shows for caregivers, entitled Helpful Hints on Your Caregiving Journey. Log onto <http://www.blogtalkradio.com/caregiving> for the live show, or <http://caregiving.com/> for recordings of recent shows. Callers can also phone in questions during the live show at 646-652-4944.

Continuing Education

Concept Healthcare, LLC is approved by the **American Psychological Association** to sponsor continuing education for psychologists. Concept Healthcare maintains responsibility for this program and its content.

Concept Healthcare is an approved provider of the **California Board of Behavior Sciences** (Approval # PCE 4238). Courses meet the qualifications for CE credit for MFTs and/or LCSWs as required by the CA BBS.

Concept Healthcare is approved by the **Texas State Board of Social Work Examiners** (Provider # 5179). Consumer Complaint Hotline: 800-942-5540.

Concept Healthcare is approved by the **Florida Board of Clinical Social Work, Marriage and Family Therapists and Mental Health Counseling** (CE Provider # 50-9732 Exp. 03/31/2009).

Concept Healthcare is approved by the **California Board of Registered Nursing**, Provider Number CEP 15052 for 1.0 contact hour. This certificate must be retained by the licensee for a period of 4 years after course concludes.

Certified Nurse Assistant (CNA) CE Provider NAC #6728 for **CNA/CHHA's in the State of CA**. This record shall be retained by the certified nurse assistant for a period of four (4) years starting from the date of enrollment.

The **National Association of Boards of Examiners of Long Term Care Administrators** has approved this program. See Participant Guide for the NCERS Course Approval number. This program has been reviewed and approved by NAB NCERS. NCERS strives to approve only quality programs whose content can reasonably contribute to the professional development of long term care administrators. If you have any confidential comments concerning this program which you would like to make to NCERS administrators, please direct them by phone or e-mail to NAB - (202) 712-9040 - nab@bostrom.com.

* For details and learning objectives on all courses, please contact the Concept Healthcare office at 858-272-3992.

July 9

Pain Management: Clinical Implications and Non-pharmacological Interventions - B. Billimoria, LCSW (*APA, BRN, BBS, TXBSW, FLBSW)

July 16

Disease Management and Promoting Adherence to Medical Regimen in Diabetes - H. Mills, PhD (*APA, BRN, BBS, TXBSW, FLBSW)

July 23

We Just Put Mom in a Nursing Home: Now What? - S. Browder, PhD (*APA, BRN, BBS, TXBSW, FLBSW)

July 30

The Way People Change: Stages and Processes of Change in Health Behavior - H. Mills, PhD (*APA, BRN, BBS, TXBSW, FLBSW)

REGISTER



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